

Cary Winter 2025-26
Junior Team Tennis
Parent Meeting



December 2025

Welcome to Cary Winter JTT!

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Cary JTT Player Expectations

- ❑ Attend all matches and practices.
 - Players who do not attend matches regularly may be moved to the Recreational division.
- ❑ Register for your team on TennisLink.
- ❑ Show good sportsmanship at all times.
- ❑ Abide by the USTA Junior Player Oath.

What to bring, what to wear?

- ✓ Bring tennis racket, water bottle and towel.
- ✓ Wear closed-toed athletic shoes - required. (Crocs or flip flops are not allowed.)
- ✓ Pockets are required as it helps improve pace-of-play.

USTA Junior Player Oath

I recognize that tennis is a sport that places the responsibility for fair play on me. I promise to abide by the rules of the game, which require me to give the benefit of the doubt to my opponent. At all times I shall strive to compete with the true spirit of sportsmanship, recognizing that my behavior on the court is a direct reflection of my character. Whether my matches end with my victory or defeat, I promise to conduct myself in a way that honors my opponents, those who support me, and the game of tennis.

Practice

- ❑ Arrive a few minutes early.
- ❑ Starts Dec 1 – Feb 5
 - No Practices December 22 – January 4
 - Monday practices **will** have practice on MLK Day, Monday, January 19
- ❑ Practice rain outs will be made-up at the end of the season (February)
- ❑ Your child may only attend their registered practice day and time. **No make-ups or credits will be given for personal reasons.**
- ❑ Only register a player for **ONE** practice time; unless specifically offered a second day per availability.
- ❑ **10u, 12u, and 14/18u practices** are 60 minutes and will be held at Annie Jones Park.
- ❑ **8u practices** are 60 minutes long and will be held at Cary Tennis Park on the youth courts.

Matches

- ❑ 6 matches
- ❑ Start Jan 9/10 – Feb 27/28
 - No matches Jan 16/17, Friday January 30, or Saturday February 14.
- ❑ Matches will be on the CTP indoor courts, rain or shine.
 - ❑ 14/18U: Between 5pm and 7:30pm on Fridays OR 11am-4pm Saturday
 - ❑ 10U/12U: Between 8am – 1pm on Saturday
 - ❑ 8U: Either 2-3pm or 3-4pm on Saturday
- ❑ You may **NOT** request a specific match time or location.
- ❑ Matches canceled due to weather will be added to the end of the season (snow/ice shutting down CTP)

Matches

Format – 10U-18U

- ❑ 5-minute warmup for each match, as needed and time allows
- ❑ Most teams will play 2 single matches and 2 doubles matches over 90 minutes (~ 6 players/team)
- ❑ Each singles/doubles match will be first to 6 wins (tiebreak at 5-5) or the leader after 45 mins
 - **Tiebreaks – play to 7, win by 1

Depending on the division, each match will either be two 45-minute rounds (2 singles, 2 doubles) or three 30-minute rounds (3 singles, 3 doubles).

Depending on the size of your team, each player may only play once at a match.

Matches

Format – 8U

❑ Rally Ball

- ❑ Official matches are drop hit games to 7 win by 1. Drop hit should be friendly and to the middle of the court. If a player chooses to serve, they may, but must adhere to the serve rules of 8u JTT (see serve rules in Intermediate below)
- ❑ We will also run some courts of general fun games and alternative rally formats.

❑ Intermediate/Advanced

- ❑ Each official match is one tiebreaker to 7 win by 1.
- ❑ Each team match is 3 singles and 3 doubles matches
- ❑ Serving rules – First serve must follow tennis serving rules completely (out of the air and into the correct box). For the second serve, the player may drop hit the ball or hit a tennis rules serve, but both options must also land in the correct box.

Match Day!

- ❑ Arrive 10-15 mins early.
- ❑ Check in with Site Coordinator or Team Manager.
 - ❑ Team manager (or Site Coordinator) will have a lineup and let you know when you play.
- ❑ Start warming up if a court is available.
- ❑ During a match:
 - ❑ Players keep score themselves and call out the score before serving.
 - ❑ 8U - Court monitors will be available for any court that needs it. Parents are welcome to court monitor their own player's court
 - ❑ 8U - Court monitors are only allowed to ask questions. NO DIRECTING THE MATCH!!! Players are here to learn!
 - ❑ Players need to make sure there are no balls on either side of the court that could be a trip hazard. Wait for balls to be moved and alert opponent to move balls as needed.
 - ❑ Players should not walk behind a match that is in progress. Wait until the point ends.
- ❑ When the match is completed:
 - ❑ Report the score to Team Manager and/or Site Coordinator.
 - ❑ Leave the 3 balls on the court if you are the first match. Bring balls to Site Coordinator if you are the second match.

Important: If a player is slated to play in the first round and they arrive late, they may/may not get to play in the second round. It will depend on how many other players are there.

Spectator Rules & Guidelines

USTA NC Policy

https://www.nctennis.com/_files/ugd/3d58a8_2c4a6830e9cd4f93b76fd3e4fe6c9438.pdf

Players:

- Players must adhere to the principles of good sportsmanship and fair play.
- Introduce yourself to your opponent. Give your opponent the benefit of the doubt.
- As the server, clearly call out the score before each point.
- Give your best effort no matter the score.
- Respect opponents calls on their side of the net.
- Shake hands or tap racquets at the end of the match, be positive no matter the result.

Spectators

- Set a positive example for players.
- Treat fellow spectators, players, coaches, and JTT staff/officials with respect.
- Emphasize the importance of fair play and good sportsmanship.
- Cheer respectfully for winners and good points.
- Players will make mistakes, it's okay.
- Allow players to make their own calls and settle on-court disputes without interfering.

Inclement Weather

- Check weather updates at: <https://games.townofcarync.gov/tenniscenter/displaystatus.php>
- This page will be updated ~1 hour before practice or match time. Check this link frequently before heading to practice or matches. Make sure to refresh the page to ensure you are getting the latest update.
- Check the green section labeled Programs/Classes, NOT the orange section labeled Daily Schedule.
- Missed practices & matches will be made up at the end of the season.
- **IMPORTANT:** Check the weather update for your specific court location. Don't assume if it's raining at your house, that practice is canceled at your court.

Team Assignments

- Players are evaluated during the first few weeks of practice to determine their placement on a Recreational, Intermediate or Advanced team.
- Coaches will assign players to a team.
 - 10U players will play **orange** ball or **green** ball depending on their skill level
 - 12U players will play **green** ball or **yellow** ball depending on skill level
- **All players should register per email sent on 11/24.** Staff will move your player to appropriate team in TennisLink and you will be notified of the new team name.
 - ** TennisLink is a separate registration from the Town of Cary RecTrac signup
- All players **MUST** register for their team on TennisLink before Dec 5 to be able to play in the matches. (~\$22)
 - You will need to do this every JTT season.
 - You cannot participate in a match if you are not registered on your team.
 - If you are not going to commit to playing matches, we'd like to discuss refunding you to give your JTT Registration slot to a player who will commit to both practices and matches.

Player Progression

8U Rally Ball to Intermediate

- The main determining factor is a dependable serve. We want rallies, not double faults.

8U Intermediate to Advanced

- This is largely coach's evaluation. We'd like to see:
 - Topspin loop strokes on forehands and backhands
 - At least progress to, if not a full continental grip serve.

Players may register for 10U for the season in which they turn 8 before the first day of practice.

Keep in mind the balls are not to be considered levels of play!

- Skill development is significantly easier using the balls and carries through the subsequent balls!

- Players graduate from the Net Generation PlayTracker at the age of 11, on the first day of their birthday month.
- Players aged 7 and 8 that reach 1,000 play points in orange ball are eligible for green ball.
- Green ball players need 1500 points on PlayTracker to play in yellow ball events. At least 1000 of these points must come from win points.

Ref: <https://www.usta.com/en/home/play/net-generation-playtracker.html#tab=playpoints>

School Team Tryouts

- Playing on your school team is an EXCELLENT experience for tennis players.
- It's mostly a social experience, but also a good chance to get a lot of on court time for 3 months.
- 95% of CTP JTT players make their high school teams.
 - Most teams are no cut with the usual exceptions being Green Hope, Green Level, and Panther Creek.
- Boys tryouts are usually the 2nd week of February. Schools should know the exact dates by the first day of school in January.
- Girls tryouts are the last week of July or first week of August. School should know the exact dates by the last day of school in June.
- Private schools are more likely to have JV and Middle School Teams.
- No public schools that we know of in Wake County have JV or Middle school teams.
 - If you are interested in starting a Tennis Club at your school, (Elementary, Middle, or High School) please reach out to bill.reynolds@carync.gov
 - It will have to be parent or teacher driven for the school to consider it. Bill is happy to give you resources for lesson plans, possible sources of equipment., and guidance/advice as you feel you need it. You don't need to be a Tennis Pro to run a School Tennis Club! You don't even need courts, it can be done in your school's gym!

Tennis Link to Register Your Player and See the Match Schedule

- [Go to : Tennislink.usta.com](https://Tennislink.usta.com)

To find team info:

To register player:

The screenshot shows the USTA Tennislink website interface. At the top, there are four navigation tabs: "USTA LEAGUE", "TOURNAMENTS", "JUNIOR TEAM TENNIS", and "USTA". Below these tabs, the page is divided into two main sections: "START PLAYING" on the left and "FIND RECORDS" on the right. In the "START PLAYING" section, there is a blue button labeled "Have a Team ID?", a link "Click Here to Get Playing!", another blue button "Find a Program", the text "Win or Lose we play as one.", and a link "Learn More". In the "FIND RECORDS" section, there are search fields for "By Player Name:" with sub-fields for "First Name" and "Last Name", a "Find" button, and a "Team Name:" field with a "Find" button. A "Help" link is also present. A red arrow points from the "Have a Team ID?" button to the "FIND RECORDS" section, and a teal arrow points from the "To register player:" text to the "Have a Team ID?" button.

USTA Tennis Link screen shot

Team Name

Player Roster

Team Standings

Match Schedule/
Results


Program Team Summary for Lenticulars* [change team](#) [back to search result](#)

Lenticulars* [Add to My Teams](#) | [Send to Excel](#) | [Print Report](#)

Coach/Captain: Erik Aldereguia

CoCaptain: N/A

Facility: Cary Tennis Park
CARY NC



Player Roster

Player	Team Matches Played	2025 Team Record	
		WON	LOSS
Nathan Creech	4	4	0

Team Standings

Team Number	Team Name	#Players	Win %	Games		Sets		Indiv Score		Team Score	
				WON	LOST	WON	LOST	WON	LOST	WON	LOST
*****	Lenticulars*	8	66.93%	85	42	19	5	19	5	4	0
*****	Mammatuses*	8	56.92%	74	56	13	11	13	11	3	1
*****	Arcuses*	8	37.50%	51	85	7	17	7	17	0	4
*****	Nacreouses*	8	39.37%	50	77	9	15	9	15	1	3

Match Win Criteria: Games won
* Teams are sorted from the most to the least Games won

Match Schedule

Date/Time/ID	Opponent	Location	Winning Score & Status	Won/Lost
01/25/2025@ 11:00 am #2589031	vs Arcuses* coach: Erik Aldereguia	Cary Tennis Park	20-13 match summary Played	Won
02/01/2025@ 11:00 am #2589033	vs Nacreouses* coach: Erik Aldereguia	Cary Tennis Park	24-8 match summary Played	Won

Team Managers Needed!

- ❑ Team Managers improve the quality and efficiency of our seasons.
- ❑ No knowledge or experience in tennis needed.
- ❑ Communicate with their team, get match commitments, create line-ups from templates we supply, expedite matches on match days, and record scores.
- ❑ Time: ~ 1 hour emailing players about each match and another 1.5 hours at the match
- ❑ Learn more about volunteering as a Team Manager [here](#).
- ❑ Perks! Free tickets to the ACC Tournament in April or the Pro event in summer
- ❑ **Interested?** Email JTTSupport@carync.gov or write name/email in chat
 - ❑ Team manager meeting will be held before first match

Tournament Opportunities

- Start out with Junior Circuit tournaments
 - Non-ranking events to gain match experience in a tournament setting while still focusing on having fun.
 - Non-elimination, round-robin draws
 - Red Ball Junior Circuits appear as “Unsanctioned Events”
 - Last 60-90min
 - CTP holds several each year
 - Orange/Green Ball Junior Circuits
 - Last 1.5-3 hours
 - For 10U, Circuit Tournaments help with the points needed to move up a ball level before the age of 11.
- Then move up to L7 tournaments.
 - Earn USTA ranking points for wins.
 - Intermediate-level players with some competitive match play experience
 - Variety of non-elimination formats and shortened scoring including short sets and timed matches
 - Up to 1 day

Search for Junior Circuit and L7 tournaments at [USTA - Find Tournaments](#)

**** Before starting tournament play, talk to Coaches at your practice to make sure your player is ready and able to have a positive experience in tournaments. Starting too early can make them scary and slows progression for a long time.**

Resources

[Cary Fall 2025 Info Page](#)

[USTA TennisLink](#)

Email: JTTSupport@carync.gov

[Cary Weather Cancellations Page](#)

Cary Weather Delays & Cancellations

Back to main [Weather Delays](#) page

Cary Tennis Park Program & League Information

Programs/Classes

Questions?

Thank you!

